23 Up and Down

Up and down! Up and down! Up and down! This life goes up and down! (2x)

When darkness surrounds you and you can not see the light, when there are shadows around you, you think, you can not win the fight!

But then you feel the sunshine so tender on your skin and everything is fine, now you can win!

Up and down! Up and down, down, down, down! (2x)

When darkness surrounds you and you can not see the light, when there are shadows around you, you think, you can not win the fight!

But then you feel the sunshine so tender on your skin and everything is fine, now you can win!

This life goes up and down! (4x) Up and down! Up and down! Up and down! This life goes up and down! (2x)